

# TABLE OF CONTENTS

## 目 录

### 中华优秀传统文化融入高校心理健康教育研究

#### **Research on the Integration of Chinese Excellent Traditional Culture into Mental Health Education in Colleges**

王媛媛 .....	1
-----------	---

### 高校辅导员心理咨询工作效果提升研究

#### **Research on Improving the Effect of Psychological Counseling Work of College Counselors**

王敏, 王娟娟 .....	7
---------------	---

### 中华优秀传统文化融入大学生心理健康教育的思考

#### **Reflections on Integration of Excellent Traditional Chinese Culture into College Students' Psychological Health Education**

贾立壮 .....	13
-----------	----

### 正念训练在大学生中应用的研究进展

#### **Research Progress on the Application of Mindfulness Training among College Students**

王蒙, 罗添天, 潘戴晨, 曹刚, 许磊 .....	20
----------------------------	----

### 心理弹性的研究方法及神经机制

#### **The Research Methods and Neural Mechanism of Psychological Resilience**

吴政东 .....	30
-----------	----

### “大思政”视野下的研究生心理健康教育模式初探

#### **Exploring the Mental Health Education Model for Postgraduate Students from the Perspective of “Macro Level Ideological and Political Education”**

禹玉兰, 全鹏, 孙小媛 .....	37
--------------------	----

### 积极心理学视域下大学生“躺平”现象对策分析

#### **Analysis of Countermeasures of College Students' "Lying Flat" Phenomenon from the Perspective of Positive Psychology**

马国强 .....	43
-----------	----

### 特质正念对当前吸烟者渴求的影响: 自我概念清晰性的中介作用

#### **The Impact of Trait Mindfulness on Current Smokers' Craving: The Mediating Role of Self-Concept Clarity**

石威 .....	50
----------	----

### 高中生身体活动水平与社会性体格焦虑的关系研究: 身体自尊的中介作用

#### **The Relationship Research between Physical Activity Level and Social Physical Anxiety in High School Students: The Mediating Role of Body Self-Esteem**

王雅斐, 周宇航 .....	59
----------------	----

**睡眠时长对中小学生学业成绩的影响****The Influence of Sleep Duration on Academic Performance of Primary and Middle School Students**

刘立光 ..... 68

**工作压力对城市职业女性婚姻质量的影响: 有调节的中介模型****The Impact of Work Pressure on the Marital Quality of Urban Professional Women: A Moderated Mediation Model**

于翠 ..... 74

**师生关系对 15 岁学生阅读素养的影响: 阅读兴趣的中介效应****The Influence of Teacher-Student Relations on Reading Literacy of Students Aged Fifteen Years Old: The Mediating Effect of Reading Interest**

龚宁馨 ..... 83

**混合学习环境中学习者的动机调节: 研究与展望****Learners' Motivational Regulation in Blended Learning Environments: Research and Prospect**

王祯, 马春霞, 王恩国 ..... 92

**暴力暴露与校园欺凌的关系: 儿童自动思维的中介作用****The Relationship between the Violence Exposure and School Bullying: The Mediating Role of Children's Automatic Thoughts**

赵雅琼 ..... 101

**机器学习在老年轻度认知障碍识别中的研究进展****Advances in Machine Learning for Mild Cognitive Impairment Recognition in the Elderly**

安珣, 成楠, 暴金明, 高嘉彤, 马千博, 付子轩, 王俊杰, 宋健, 苗宇露, 乔巍, 刘海宁 ..... 108

**积极攻击结果预期与身体 IPV 实施: 道德推脱的中介作用****Positive Aggression Outcome Expectation and the Execution of Physical IPV: The Mediating Role of Moral Disengagement**

张淑迪 ..... 115

**性别二态性对个体吸引力的影响****The Impact of Sexual Dimorphism on Individual Attractiveness**

尹诗雨, 张卓雅, 齐晨, 曹玉洁, 朱丽如, 尹月阳 ..... 122

**飞行员心理疲劳: 测量、成因及干预****Mental Fatigue of Pilots: Measurements, Causes and Interventions**

邓丽芳, 裴蓓, 孙馨林 ..... 131

**具身视域下太极柔力球运动文化认同对心理弹性影响的路径阐释****Path Interpretation of the Influence of Cultural Identity of Tai Chi Rouli-Ball Sport on Resilience from Embodied Perspective**

林鑫, 王玉秀 ..... 140

**儿童虐待的研究综述****A Review of Research on Child Abuse**

庞林寒 ..... 149

**高高职公正世界信念与学业倦怠相关关系研究****A Study on the Relationship between the Just World Belief and Academic Burnout of Higher Vocational College Students**

黄蓉 ..... 160

**元宇宙热潮背后的驱动力——以心理学为视角****The Driving Forces behind the Metaverse Craze—A Psychological Perspective**

齐云龙 ..... 166

**孤独感压缩社会背景下的时间知觉****Loneliness Compresses Time Perception during Social Contexts**

吴春林 ..... 180

**预测误差对情景记忆影响的研究综述****A Review of the Effects of Prediction Errors on Episodic Memory**

陈珺怡 ..... 190

**抑郁障碍患者认知功能损害与失眠的研究进展****Research Progress on Cognitive Impairment and Insomnia in Patients with Depressive Disorder**

杨滋惠, 吕东升 ..... 197

**大学生时间管理倾向对积极学业情绪的影响: 核心自我评价的中介作用****The Effect of Time Management Tendency on Positive Academic Emotions in College Students: The Mediating Role of Core Self-Evaluation**

郭婉然, 陶梦欣, 钟元赫, 李牧宸 ..... 204

**视觉诱发运动病治疗方式的研究进展****Research Progress on Treatment Methods for Visually Induced Motion Sickness**

王帆, 潘帅, 卢佳美, 李晓纹, 阎升光, 金占国 ..... 214

**社会认同理论视角下领导底线心态对辱虐管理作用机制研究****Research on the Mechanism of Leadership Bottom-Line Mentality on Abusive Supervision from the Perspective of Social Identity Theory**

王迪 ..... 220

**非理性信念会加剧负性生活事件对心理健康的影响吗?****中国山区儿童青少年的调节模型检验****Do Irrational Beliefs Exacerbate the Impact of Negative Life Events on Mental Health? A Test of the Moderation Models in Chinese Mountainous Children and Adolescents**

李梦琼, 黄坚强 ..... 232

**性别角色与心理健康的关系研究综述****A Review of the Relationship between Gender Roles and Mental Health**

任思博 ..... 241

**习得性无助下大学生“摆烂”现象成因及对策探究****Research on the Causes and Countermeasures of College Students' "Put Rotten" Phenomenon under Learned Helplessness**

马诗语, 马语涵 ..... 249

**大学生状态怀旧对生命意义感的影响****Effect of State Nostalgia on Meaning in Life of College Students**

王越 ..... 255

**大学生移动社交网络人际交往对职业成熟度的影响——领悟社会支持的中介作用****The Impact of College Students' Mobile Social Network Interpersonal Communication on Career Maturity—Understanding the Mediating Role of Social Support**

许婷 ..... 265

**维度情感模型研究现状综述****A Review of the Research Status of Dimensional Emotion Model**

熊瑛 ..... 270

**初中生媒体多任务水平对其认知控制的影响****The Effects of Media Multitasking Level on Cognitive Control in Junior High School Students**

李子越, 边菡, 张倩, 胡惠兰, 赵娜, 王春梅, 张慢慢 ..... 279

**社区老年人群睡眠质量状况调查及影响因素分析: 以重庆市长寿区为例****Investigation of Sleep Quality Status and Analysis of Influencing Factors among Elderly People in the Community: Taking Changshou District, Chongqing as an Example**

庞辉, 李振阳, 谭剑, 高贺, 宋京瑶 ..... 290

**社会阶层与心理健康的关系研究****Research on the Relationship between Social Class and Mental Health**

唐铭含 ..... 296

**基于强弱关系视角下的社交媒体使用与错失焦虑: 对比微信和新浪微博****Social Media Usage and Fear of Missing Out from the Perspective of Strong and Weak Relations: A Comparison between WeChat and Sina Weibo**

赖源燊, 赵婷婷, 邱博宇 ..... 303

**连续风险决策中先前结果反馈的作用机制****Mechanisms of Previous Outcome Feedback in Sequential Risky Decision-Making**

张静芝 ..... 316

**背景音乐特征对词汇记忆的影响****The Influence of Background Music Characteristics on Lexical Memory**

罗灿 ..... 328

**数字认知和数学能力及其内在神经机制的关系****The Relationship among Number Cognition, Mathematical Ability and Their Intrinsic Neural Mechanisms**

卢奕 ..... 341

**羽毛球双打中合作心理因素的影响及调节****The Influence and Adjustment of Cooperative Psychological Factors in Badminton Doubles**

蔡硕 ..... 346

**激励理论在高校思想政治教育中的运用研究****Research on the Application of Incentive Theory in Ideological and Political Education in Colleges and Universities**

唐铭含 ..... 351

**家庭教养方式对小学生同伴关系的影响: 师生关系和邻里关系的中介效应****The Influence of Family Rearing Style on Pupils' Peer Relationship: The Mediating Effect of Teacher-Student Relationship and Neighborly Relations**

王钰珊, 李奕奕, 许慧英, 陈萍, 金艳 ..... 358

**人生意义问卷的测量等值性: 考研者 vs 不考者****Measurement Invariance of Meaning in Life Questionnaire: Postgraduate Entrance Exam Candidates vs Non-Candidates**

黄端, 陈李双, 王铭, 李琼 ..... 366

**家庭功能对青少年网络成瘾的影响: 情绪调节策略的调节作用****The Effect of Family Functioning on Internet Addiction in Adolescents: Moderating Role of Emotion Regulation Strategies**

蔡鑫婷 ..... 375

**精神疲劳及其神经机制****Mental Fatigue and Its Neural Mechanisms**

黄俊飞, 郭凯峰, 陈小异, 蒋军 ..... 383

**老年人孤独感干预措施的研究进展****Research Progress on Interventions for Loneliness in the Elderly**

付熙, 卢超, 王敏娟 ..... 393

**基于拓展 - 建构理论的积极情绪干预在大学生中的应用进展****Application Progress of Positive Emotions Intervention Based on the Broaden-and-Build Theory in College Students**

陈梦婷 ..... 401

**计划行为理论及其扩展模型对发送性短信行为的预测****Prediction of Sexting: Based on the Theory of Planned Behavior and Its Extended Model**

黄博, 康丽雯 ..... 407

酒店消费者的自我一致性与品牌忠诚度：积极情绪和品牌依恋的链式中介作用  
**Self-Congruity and Brand Loyalty of Hotel Consumers: The Chain Mediating Roles of Positive Emotions and Brand Attachment**

刘蓓, 邹雨含, 陈浩 ..... 417

工作中的性别歧视及其与女性主义认同的关系

**Sexism in the Workplace and Its Relationship with Feminism Identity**

张衽滔 ..... 428

性别系统合理化与受害者指责：敌意、善意性别偏见的中介作用

**Gender System Justification and Victim Blaming: The Mediating Role of Hostile Sexism and Benevolent Sexism**

朱慧 ..... 436

父母教养方式对大学生共情能力的影响

**The Effect of Parenting Styles on College Students' Empathic Abilities**

孟凡莹, 杨犀子, 马子然, 庄君仪, 李欣源 ..... 445

青少年生活事件与青少年自伤的关系

**The Relationship between Adolescent Life Events and Adolescent Self-Injury**

成楠, 蒋璧聪, 车佳郡, 张琳钰, 李晓敏, 李宇彤, 刘海宁 ..... 454

生活事件对大学生心理困扰的影响：自尊的中介作用

**The Influence of Life Events on Psychological Distress of College Students: The Mediating Role of Self-Esteem**

付世友, 黄欣玮 ..... 460

内隐空间词汇加工中的空间促进和干扰效应

**Spatial Facilitation and Interference Effects during the Processing of Implicitly Spatial Words**

贾丽娜 ..... 466

家庭亲密度与留守儿童学校适应的关系

**The Relationship between Family Intimacy and School Adaptation for Left-Behind Children**

Hadeer Mierjiang ..... 474

重庆农村地区中学生非自杀性自伤行为现状及影响因素分析

**Analysis of the Current Situation and Influencing Factors of Non-Suicidal Self-Injury Behavior among Middle School Students in Rural Areas of Chongqing**

庞辉, 谭剑, 杨晓琼, 宋京瑶, 况利, 李振阳 ..... 478

测量时间与样本量对参数估计的影响：基于密集追踪数据分析的方法比较

**The Influence of Measurement Time and Sample Size on Parameter Estimation: Comparison of Methods Based on Intensive Tracking Data Analysis**

徐浩桢 ..... 485

工作自主程度对社工师心理健康的的影响：职业认同的中介作用

Influence of Work Autonomy on Mental Health of Social Workers:

Mediating Effect of Professional Identity

朱姝 ..... 498

大学生抑郁、焦虑与自我概念的关系

The Relationship among Depression, Anxiety and Self-Concept in College Students

陈芸, 刘坚平, 廖黎芳 ..... 507

物质主义对婚姻满意度的影响

The Effect of Materialism on Marital Satisfaction

火琦凡 ..... 517