

## TABLE OF CONTENTS

## 目 录

基于红外热像仪恢复期偏瘫患者下肢健侧和患侧差异分析

**Based on the Difference and Analysis between the Healthy Side and the Affected Side of the Lower Extremity of Patients with Hemiplegia during Convalescence by Infrared Thermography**

张晓嫚, 满喜.....1

体育旅游领队概念界定及职责探析

**The Concept Definition and Responsibilities of Sports Tour Leader**

聂松启.....10

蒙古族青少年肺活量和运动能力的研究

**Research on Vital Capacity and Exercise Ability of Mongolian Youth**

刘乐廷, 乌云格日勒.....16

关于近二十年跆拳道横踢技术研究的文献综述

**A Review of the Literature on Horizontal Kick in Taekwondo in the Past 20 Years**

刘晓玲, 孙健.....21

山西省队武术套路运动员膝关节损伤的现状调查和预防措施研究

**The Investigation and Preventive Measures of Wushu Routine Players' Knee Joint Injury in Shanxi Provincial Team**

李兴惠, 汤鑫钰.....30

高校武术比赛可持续发展研究

**Research on the Sustainable Development of College Wushu Competitions**

马燕萍.....39

自然水域皮划艇与泳池皮划艇体验对比的研究

**A Comparison of Canoeing Experiences in Natural Waters and Swimming Pools**

靳尤江, 张定凤.....45

洛阳圣行心意六合拳的传承研究

**A Study on the Inheritance of Luoyang Shengxing Xinyi Liuhe Quan**

朱若俓, 贾海如.....57

阿拉善左旗广场舞开展现状与对策研究

**The Present Situation and Countermeasure of the Development of Dance in Alxa Left Banner Square**

贾振杰.....64

## 论体育知识素养在体育素养构成中的不可或缺性

**On the Indispensability of Physical Knowledge Literacy in the Constitution of Physical Literacy**

刘婕妤.....70

## 肥胖小学生身体质量指数与生理机能和运动能力的相关性研究

**Study on Correlation between Body Mass Index and Physiological Function and Athletic Ability of Obese Pupils**

张丽娜, 高山, 乌云格日勒.....76

## 散打项目中鞭腿技术动作文献研究现状及热点分析

**Literature Research Status and Hot Spot Analysis of Whip Kick Techniques in Sanda**

兰一, 孙健.....82

## 疫情期间居民体育活动性别差异研究

**Study on Gender Differences in Residents' Sports Activities during the Epidemic**

陈浩杰.....92

## 内蒙古地区发展民族特色雪地马球运动的可行性分析与文化价值研究

**The Feasibility Analysis and Cultural Value Research of Developing National Characteristics Snow Polo in Inner Mongolia**

智勇.....101

## 对青少年羽毛球教学中速度训练方法的探讨

**Discussion on Speed Training Method in Youth Badminton Teaching**

冯智.....108

## 呼和浩特民族学院公共体育课程开设情况及学生选课情况调查分析

**Investigation and Analysis of Public Physical Education Courses and Students' Course Selection in Hohhot Institute for Nationalities**

党旭.....113

## 2019 ATP 年终总决赛关键场次关键分时费德勒实战技战术应用分析

**Analysis on the Application of Field Techniques and Tactics in 2019 ATP Year-End Finals Key Event**

王秋生, 陈立民, 吴朝举, 郑越.....118

## 历年(1983 年~2020 年)央视春节晚会武术表演类节目的比较研究

**A Comparative Study on Wushu Performance Programs of CCTV Spring Festival Gala over the Years (1983~2020)**

李润泽, 孙健.....126

## 论广场健身舞对国民身心健康的影响

**On the Influence of Square Fitness Dance on National Physical and Mental Health**

金桩.....132

|                                                                                                                                                                               |     |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| <b>体育校园文化景观设计与高等体育院校校园文化建设</b><br><b>The Design of Sports Campus Cultural Landscape and the Construction of Campus Culture in Sports Colleges</b>                             |     |
| 朱颖.....                                                                                                                                                                       | 136 |
| <b>兰州市红古区体育高考生训练现状的调查与分析</b><br><b>Investigation and Analysis on the Present Situation of Sports College Entrance Examination Training in Honggu District of Lanzhou City</b> |     |
| 赵锦, 郑越, 陈立民, 张帆.....                                                                                                                                                          | 142 |
| <b>内蒙古自治区 1~3 年级肥胖小学生相关运动能力分析</b><br><b>Analysis on the Related Exercise Ability of Obese Pupils of Grades 1~3 in Inner Mongolia Autonomous Region</b>                        |     |
| 高山, 郭琪, 张薇, 乌云格日勒.....                                                                                                                                                        | 148 |
| <b>基于 OBE 理念的线上线下混合式羽毛球教学模式的构建与实践</b><br><b>Construction and Practice of Online and Offline Mixed Badminton Teaching Mode Based on OBE Concept</b>                            |     |
| 徐杰.....                                                                                                                                                                       | 154 |
| <b>提高基层业余体校举重水平的探索</b><br><b>An Exploration of Improving the Weightlifting Level of Basic-Level in Amateur Sports Schools</b>                                                 |     |
| 陈正学, 陈海霞, 陈飞飞.....                                                                                                                                                            | 160 |